



Massage

Registered Massage Therapy

(Available on site, call for details)

Relaxation Massage

1 Hour \$65 • 1/2 Hour \$35

Hot Stone Massage

1 Hour \$75 • 1/2 Hour \$45

Extras

Tanning: Stand up SunDome

(Max tanning time 10 minutes;

equivalent to 20 minutes in a lay down bed)

50min \$40 • 100min \$60 • Unlimited \$80/month

*Tanning lotions & goggles available. *Must be 18+*

Fitness & Nutrition

Drop in, monthly or yearly memberships available. Call or visit for details. Group fitness classes available with certified fitness instructors.

Private class setting. Personal training and nutrition available.

Gym Passes

Adult drop in \$15 • Junior \$10 • Senior \$12

1 Month \$65 • Junior \$35

1 Year \$700 • Junior \$370

- 24hr gym access available! -

- Multi month prices available -



Spa Packages

Pure Bliss

Spa Manicures / Spa Pedicure

An essential reconditioning of the hands and feet.

We provide precise and thorough expertise to address your specific needs. Ease muscle tension with expert massaging of the hands and feet.

This package will uplift you.

\$140

Couples Retreat

Hot Stone Massage

Enjoy some alone time together as we leave you both feeling relaxed and rejuvenated.

\$145

Ultimate Indulgence

Spa Manicure / Spa Pedicure / Facial /

Plus

1 Hour Relaxation Massage

It's healthy to indulge yourself once in a while.

Decrease tension and feel yourself unwind as we soothe you from head to toe.

Embrace this luxury indulgence.

\$280

(Group bookings available)

	SPA HOURS	GYM HOURS
Monday	9:00am-5:30pm	
Tuesday	9:00am-8:00pm	
Wednesday	9:00am-5:30pm	24/7 access avail
Thursday	9:00am-8:00pm	
Friday	9:00am-5:30pm	
Saturday	10:00am-4:00pm	
Sunday	CLOSED	
- 24/7 gym & fitness access available! -		



115 Burrows Ave E • Melfort, SK

306 • 752 • BODY (2639)

spafitbylinda.com

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Spa fit
BY LINDA

M E L F O R T S K



Hand Care

Full New Set \$80

Nail Biters \$84

(Extensions or tips included in new set price)

Gel Overlay

Clear \$55 Color \$65 • French \$70

(No extensions or tips included)

Gel Nail Fill

2 Weeks: Clear \$45 • Color \$50 • French \$55

3 Weeks: Clear \$55 • Color \$65 • French \$75

4 Weeks: Clear \$65 • Color \$75 • French \$85

(Anything after 4 weeks is considered a new set)

Gel Nail Fix \$10 • Gel Nail Removal \$40 • Acrylic \$50

Free Hand Designed Nail Art \$30 or \$5 *(Per finger)*

Gem Stones or Decals \$1 *(Each)*

Classic Manicure* \$50 • Spa Manicures* \$65

Princess Manicure \$30 *(12 & under) with polish*

In addition to the classic manicure, your spa manicure includes a complete exfoliation of your hands and forearms, finishing with a soothing and moisturizing massage.

Shellac Gel Color & Manicure* \$75 *(New set)*

Shellac Gel Removal \$35 • Shellac Fill \$60

**Paraffin treatment \$10 add on*



Foot Care

Shellac Add on \$10

Quick Fix Pedicure \$50 *(Mini pedi, polish or shellac)*

Classic Pedicure \$70

Spa Pedicure \$80

Princess Pedicure \$40 *(12 & under) with polish*

Along with your classic pedicure ritual, experience the spa pedicure by having your swollen tired feet and lower legs exfoliated and moisturized, followed by soothing paraffin for the ultimate rejuvenation.

Shellac Gel Color & Classic Pedicure \$90

Shellac Gel Color & Spa Pedicure \$108

Shellac Toe Fix \$10

Shellac Toe Removal \$35

Clip n' Soak \$30

(Includes soak, cuticles, toe maintenance)

**Additional \$5 added to pedicure to remove existing shellac*

Waxing

Chin \$15 • Lip \$14 • Cheeks \$26

Chin, Lips & Cheek \$50

Eyebrows \$20 • Bikini \$40

Full Arm \$60 • 1/2 Arm \$45 • Underarms \$35

Leg 1/2 \$60 • Leg Full \$80

Full Legs & Bikini \$120

Chest \$60 • Back Wax \$75

Skin Care

Facials \$80

We address a variety of skin concerns such as premature aging, sun damage, loss of vitality, tone and radiance. These special skin care treatments will leave you glowing.

Facial with Dermaplaning \$140

Facial Appointment Add Ons

Scalp Massage \$10 • Foot Massage \$10

Chemical Peel \$150 *(or add on \$30 to any facial)*



Henna Brows and Tinting

Eyelash Perm/Lift \$55 • Brow Tinting \$30

Eyelash Tinting \$30 • Lash & Brow Tinting \$55

Henna Brows \$40 *(Includes Shaping)*

Wax & Tint \$40

Lamination \$75 • Lamination & Tint \$90

